

outpost

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Kids at College

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From the Editor

Remember the waddling days? We were so young we crawled or clumsily walked when we wanted to move. If we spoke at all it was a ga ga or a goo goo. Looking up to people was part of our life style. Screaming usually got us our way. Grown-ups laughed at us, told us how cute we looked, and sometimes even bragged a little about their little darlings.

Then we grew, and grew...and grew. Eating took up a major part of our lives. After acquiring a few teeth, unique foodstuffs were introduced into our diets. Vegetables. Oh how we hated those green little balls our parents called peas. And the spinach. Wondering if it wasn't the end of the world, we suffered through the leafy experience. Or were you one of those little tykes who stashed the bad foods in your cheeks until you could get to the garbage can or the flower bed?

One day it happened. It was lunchtime. Expecting mom's leftover meatloaf, we cringed at the thought of having to eat so soon.

Shouting from the stove, "Children, time to eat," Mom turned carrying our lunch to the kitchen table. And it wasn't meatloaf. On our plates were two round pieces of bread with a round hunk of meat sitting on half of the bread. Lettuce, pickles, and part of a tomato were served next to the empty piece of bread.

Our mother then went to the refrigerator and in her right hand brought a long slender-looking bottle with something red in it. In her left hand was a short fat bottle containing a white substance. "Here's some catsup and mayonaise for your hamburgers," she said.

After our first bite, we knew there would be a bright future for this satisfying meal. When we begged mom to serve us three burgers more often, she probably laughed to herself remembering the time she was first introduced to this All American Meal.

Outpost salutes kids as well as hamburgers in this issue.

The Hamburger Hall of Fame can be found on page four. The winning burgers are listed in order with comments about each establishment. I suggest you try most of them, as each has its own very unique hamburger.

William Mattos, Editor

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cover

Ace photographer John Calderon captured the happy expression of a young girl at the Child Care Center behind the library.



Growing Up

Story and Photos
by Max Boveri

Without a care in the world, we were ready to sail the seven seas in search of buried treasure, or to chart the universe in our cardboard rocketships before mom called us in for lunch.

Not having created any barriers, we were able to perceive the world as it really was. There was no distinction between black and white, poor or rich, beauty and ugliness; there was just that perception of our world in a natural unindoctrinated and unadulterated way.

We had the beautiful experience of just plain "being there now." We were open to the situation we were in, not worrying about tomorrow, yesterday or even the next moment.

Alive to life, unobstructed by constant thought, we lived our potentials and at the same time brought joy to everyone we met.

As children there was nothing to hold back the love we so naturally emanated. Nothing to thwart the flow that was a kid. Only when "grown-ups" began putting ideas and unreal "realities" in our minds did we cease displaying that true joy and being that we have all swept under the carpet and ignored in our grown-up lives.

When kids play they really get into it—they ARE those pirates searching for buried treasure, they ARE those astronauts charting the universe, and yet they are just pretending, and they KNOW it. They allow themselves to give full attention to their efforts without the fear of anything going wrong.

More simply...children just don't take life so seriously. There is a sparkle in the eye of a child brighter than the sun, blinding to anyone who doesn't share that light. That light that is life, alive and pulsating.



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The Games People Play

Story and Photos by
Dean Opperman

1959—Hawaii became the 50th state. Bobby Darin sang "Mack the Knife" and Wamo-O Manufacturing Company—the same outfit that attacked the toy stores with Hula-Hoops and Super Balls—brought out the first Frisbee. Well, almost the first.

Fred figured his original Frisbee to be only a fad toy

Actually, it was a modified version of the original model first marketed by Fred Morrison, a Los Angeles building inspector. Morrison got the idea from the airworthy pie pans of the Frisbie Bakery in Bridgeport, Connecticut (which went out of business in March of 1958). He changed the spelling to Frisbee to avoid legal problems.

Fred figured his original tin Frisbee to be a fad toy that would glide well for a year or two and then drop in sales. The leftovers to be sold as dog food dishes. Yet, today it is bigger than ever and Fred Morrison, the Father of the Frisbee, is living nicely on royalties—more than \$500,000 to date!

When Wham-O bought the rights from Morrison, they quickly changed the tin prototypes into

"less-apt-to-break-windows" and "easier-to-mass-produce" plastic.

Wham-O won't reveal any sales figures except to say more of them have been sold in the last two years than in the previous decade. Frisbees are the staple of the Wham-O line, with annual sales in the millions.

As in any industry, a hot item in the toy business will have imitations. Anyone walking along Avila Beach or on the Library lawn on a nice day is liable to be dodging not only Frisbees, but such "spin-offs" as identified Flying Objects, Flying Saucers, Flingers, and Saucer Tossers, (the latter in fluorescent hot pink, lemon yellow, or lime green).



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A few years ago a catcher's thumb sliced a Frisbee in two... the thumb survived.

Even the Pentagon jumped on the bandwagon. In June, 1969, the Navy began project NOO164-49-C-0662. In hopes of developing a new weapon of war: a battle field flare delivered by a Frisbee.

Wham-O had mixed feelings about the program. Company spokesman, Goldy Norton said, "The Frisbee is a fun thing. We weren't overly thrilled with the idea of its being used as a weapon."

But the Pentagon, which did not notify the company of its intentions, proceeded with plan NOO164-49-C-0662. Three years and \$375,000 later, the Navy determined that a Frisbee could not be used as military hardware and the project was scrapped.

Despite imitations, it is the Wham-O Frisbee—Pro-Model, Mini, Regular, Moonlighter ("for sailing under the stars"), and Master—that has the biggest share of the market, and its own official historian. Dr. Stanell Johnson, a long-haired, prematurely grey psychiatrist from Sacramento, is personally circulating petitions urging Olympic status for the Frisbee. Johnson has written a book called *The Complete Book of Frisbee*, he hopes will be published next year. "We have here in the Frisbee," he says, "a ball that hasn't found a sport yet." The book, for example, will tell the enthusiast how to clean and repair a Frisbee. One chapter, written by a meteorologist, tells the thrower how to read the sky-to-surface winds for maximum throws.

Dr. Johnson became a Frisbee-freak when he was doing his residency in Iowa. "There's something naturally beautiful the first time you see a Frisbee fly," he says.

Frisbee even has its own international association and its own pro-game, Guts Frisbee—the highlight of the annual International Frisbee Tournament of Eagle Harbor, Michigan. The event draws the local Frisbee fanatics, plus platoons of eager participants from as far away as California.

Wham-O sponsors the decathlon and last year sent a truck with 1000 Pro-Model Frisbees, all red-orange and all from mold 10. Some connoisseurs, who actually check the little raised number on the concave side of the Frisbee, grumbled that 10 was not a vintage mold but agreed that, after all, everyone would be flinging under the same handicap.

In Guts Frisbee, two teams of five people are set 15 yards apart. The object is for one team to catch a Frisbee thrown by a member of the other team. The throwing team gets a point if the receivers don't catch the Frisbee before it hits the ground. The receivers get a point if the throw is too high, too low, or too wide. It sounds simple, but it isn't. Frisbees have been timed at 60 m.p.h. and you must catch with one hand. Gloves and tape for the hands aren't permitted. Fingers are easily broken; hands out. A few years ago a catcher's thumb sliced a Frisbee in two...the thumb survived.

Jumbo Jon Davis, the 1973 Guts Frisbee Grand Master suggests, "Drink beer while in play—it anesthetizes your hands." Davis is the current holder of the Julius T. Nachazel Memorial Trophy, named for an old professor at Michigan Tech and made of coffee-can lids and tin cans. It is Frisbee's highest honor.

Not since the invention of the hamburger has something been so readily accepted by the public.

Whether Frisbee needs Olympic stature is debatable. Perhaps it will become the latest international sport. Or maybe, as one Frisbee-freak said, "Frisbee has no social comment, it's the last great amateur sport." Not since the invention of the hamburger has something been so readily accepted by the public. By the millions—in backyards, on beaches, in streets, on campus lawns, these multi-colored discs whip, wobble, and hover.

Some may say that Frisbee is anti-sport, the ultimate put-on, but this doesn't matter for most Frisbee-freaks who just find it fun.

Besides, what other sport brings with little practice such a feeling of success?

BURGERS OF INTEREST ON-CAMPUS

THE DAPPERBURGER



AT
"VISTA GRANDE"

THE POLYBURGER



SAT. A.M.
AT THE
STUDENT DINING HALL

THE FRENCH BURGER



AT THE "SNACK BAR"

BOWLING BURGER



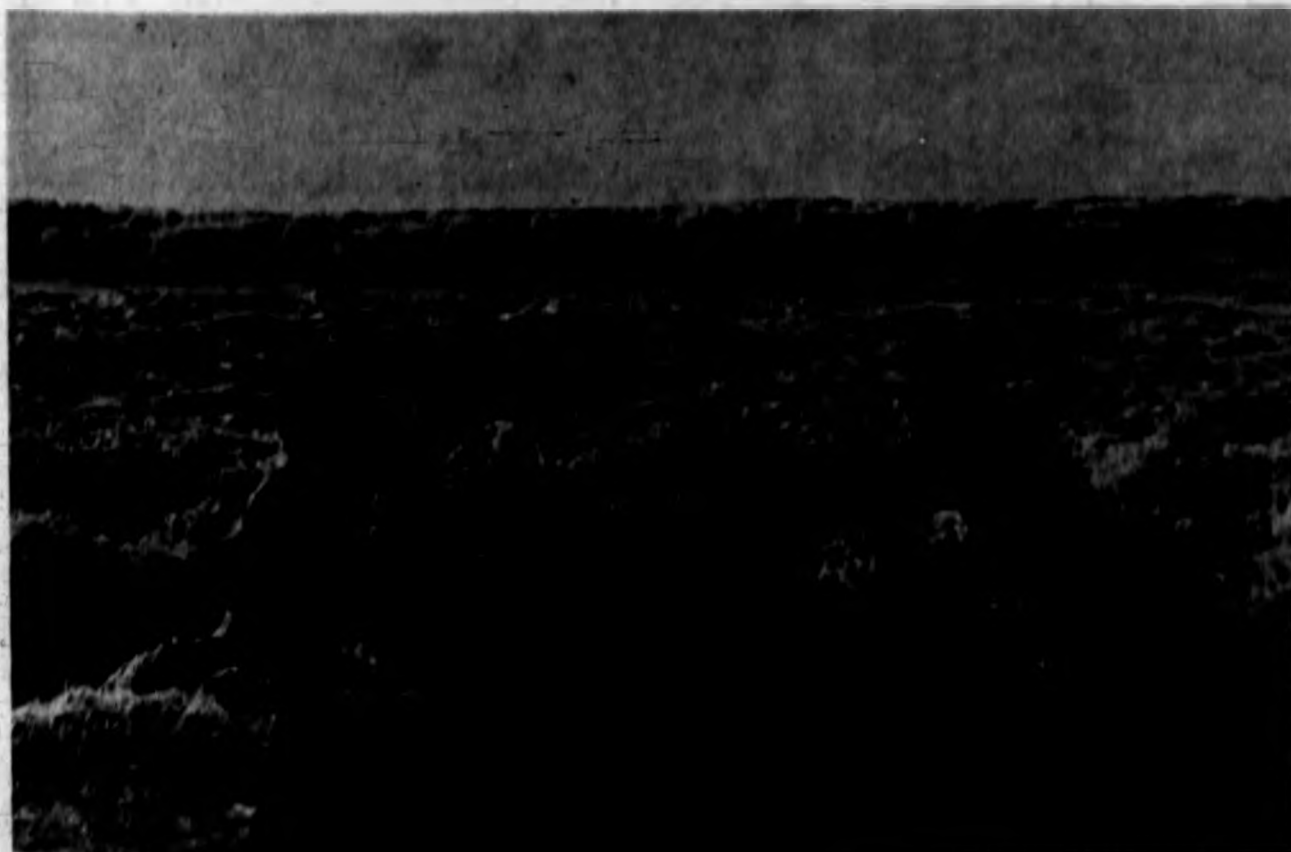
AT THE "BURGER BAR"

THE FLASH BURGER



AT THE
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Kidz at college?

By Vicki Byllesby



You know what? My mom and me, we both go to school...we go wiff each other!" exclaimed an ecstatic, muddy Ben. After a final swipe at a "strawberry-mud pie", he ran down a grassy slope, ready to call it a day.

Anne and Ben Zerrien are students at Cal Poly. While Anne is finishing her education, Ben is just starting his...at the Children's Center.

Anne, a single parent, wondered where she would leave her son while attending classes. "Good child care is hard to find", she said, "even when you find it. It's too expensive and there usually isn't any space."

The on-campus Children's Center ran out of space the minute they opened their doors last January. Set up to care for 25 children at a time, the Center now has 47 students enrolled, and a waiting list that stretches to fall '74. Over 90 per cent are children of Cal Poly students.

To add to their troubles, the Children's Center is scheduled to lose what little space they have. Sierra Hall—a renovated barrack full of books, records, fish, plants, and squirming kids—will be demolished when construction starts on the library.

The Center has 18 months to find a new home. Cal Poly has not been a pioneer in developing child care specifically geared for the student-parent. Sixteen of the the 19 state college campuses had facilities for children before the program was initiated here.





Response from students with children was overwhelming when the idea was introduced. An ASI survey showed that 93 per cent of the students polled showed an active interest in child care facilities.

The Center has had its share of problems. The ASI cautiously skirted the funding issue, officially explaining that "married students were a minority and not all students would benefit from the establishment of a child center."

The Child Development Department opposed a care center on the grounds that "young children shouldn't be away from home all day."

Support from the on-campus media was nil.

Today, the center is teeming with activity. Parents bang in and out through the squeaky screen door at all hours.

Mom and Dad Student help with the lessons, repair toys and wipe runny noses. Nature walks, crafts, and meeting new friends help the pre-schooler make a healthy transition into a new environment.

Heading up the center is director Alvah Davis. "Getting started was a struggle", she said, "but just look around and see what we've accomplished! I only wish we had a facility that could accommodate 40 full time children, we have to turn so many students down."

Student-parents have shown a great interest in the Children's Center. The center is not a baby-sitting service, but provides the children with an imaginative, educational experience.

Many parents cannot afford good, private child care. At the Center, parents are paying an average of 40 cents per hour and donate at least 3 hours per week. Comparative child care would cost over \$25 per month for each child.

The Children's Center rents Sierra Hall for a nominal \$1 a year from the State of California. The directors of the program used a \$3000 grant from the ASI coffers for essential equipment. Since then, the center has been self-supporting.

Even with all the happy kids and parents, Mrs. Davis still feels there is some resistance to the expansion of the day care facility.

"This is a conservative school. The feeling is that there aren't enough married students who could use the center. But, I think we've shot down that argument," she laughed.

"Twenty-five years ago, the idea of a full-time child care center was a radical concept. But today, many parents find they need pre-school care for their children, and there's no reason to settle for second best."

Despite problems, the Center continues to expand—dispensing laughs, love, and their own brand of child philosophy.

Each child is recognized as an individual with his own point of view. Every child is encouraged to grow and learn at his own rate.

With every day comes a new skill, a new idea, a new experience.



Photos by John Calderon

What can you say about a hamburger?

The Outpost Four, Plus One (avid hamburger eater), present the winners in the second annual Hamburger Hall of Fame.

John Calderon, Bill Matto, Kay Ready, Sandy Whitcomb and Don Holt, the faculty advisor with a ravenous appetite for those All-American sandwiches, comprised the hamburger team. Utilizing a few phones—and maybe a little bit of feminine charm—Kay and Sandy managed to increase the number of participants in the competition from last year's poor showing of eight to a grand total of 17 willing but wary entrepreneurs.

With two weeks of testing, tasting and stuffing under (?) their belts the five now boast of newly acquired judging skills. Sighs, of relief were detected, though, as that last bite of hamburger fell into place.

The team concentrated their efforts on a standard-sized quarter pound burger at each of the food-dispensing establishments. Each judge compiled individual ratings, in questionnaire form, then joined forces for the final point and percentage awards.

The tactic of surprise was initiated this year; participants were told to expect the "big test" within the two-week period—nothing more. The idea was great, but someone was bound to get suspicious when the team arrived, armed with cameras and notebooks, and ordered two hamburgers—with three extra plates.

Check the charts for the listing of winners ratings and prices. You may be surprised.

Here's some highlights from the two-week adventure into Hamburgerdom.



Photos by John Calderon

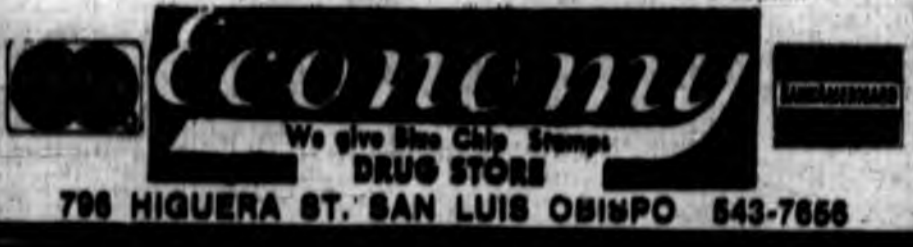


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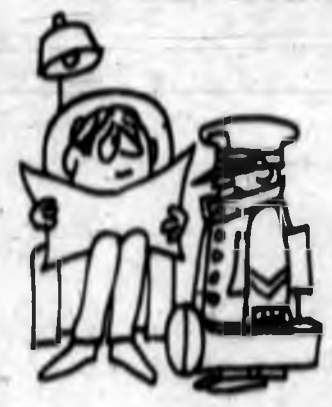
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Hamburger Hall of Fame



Over a Dollar

Within the dimly lit interior of the Elgar Factory resides the top ranking Factory Burger. One-half pound of meat, done to your specifications, is served on a long onion bun. The flavor is flawless. The female segment of the judging team was won over by the dinner plate heaped with a fresh green salad; enough by itself to constitute a substantial lunch. That, along with the huge burger and ten cent coffee proved too much even for the most avid of the hamburger judges—the remains were carried out in a People Bag.

The burger served at the Stuffed Olive is topped with an eye catching appetizer: The suitable stuffed olive. The service is good. The brief interval between order and receipt is pleasantly filled with coffee. The attractively arranged hamburger plate includes a wide choice of extras in a build-your-own style.

The pickle you get into is a sweet one with the Little Chef Burger; giving it an unexpected change in taste. The friendliness of the waitress helps you overlook the disintegrating bun. The flavor and quality of the hamburger as well as the freshness of the tomatoes, lettuce and extras, bring the ratings up. It is open 24 hours a day, adding to the convenience of those who spend a lot of time on the other side of the wall-partition and to those students up with late night studies.

A nostalgic atmosphere, western music, and an excellent burger make the "Whistlestop" a must-stop while in SLO city. Ortega chile peppers and cheese on a meaty burger added a delightful flavor to the tempting aroma. All this is hidden inside of a delicious onion bun.

The Mini-Ark is easily a complete meal at Ark Two. The price includes a green salad with a choice of dressing. The burger itself has to be served on a French roll to conform to its oblong shape. The only major problem encountered by the taste testers was the underdone state of the meat. It was a pleasant place to eat with the additional attraction of a smiling waitress.

In a class by itself is the homemade meatloaf sandwich, the Darkroom's nearest equivalent to the hamburger. During the sometimes lengthy interval before the arrival of the food, you can relax comfortably over a beer. The sandwich is certainly a stomach filler, although a tastier meatloaf recipe would add interest.

The ground chuck sandwich served in the more subdued atmosphere of the Breakers is comparable in taste to one of the less costly hamburgers. Tasteful furnishings and wide-open view, however, lend a quality to the restaurant which is unobtainable in any burger bar. It is a good place for the more expensive tastes.



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Hamburger Hall of Fame

Under a Dollar

A new entry into this year's competition ran away with top honors in the "Under-A-Buck" division. Vista Grande's hamburger, the 85 cents variety, arrives open-faced, relished, and accompanied by a generous mound of potato chips. The service was a bit slow, but friendly waitresses and waiters kept the place alive with running commentary and an unbeatable rapport. All judges agreed that the "home-made" sundaes, too, deserved some special recognition. Congratulations, Vista Grande.

Running a close second in the under-a-buck category, the Mustang burger of Mustang Drive-In excelled in taste. Cheese was included in the price complementing a good size burger inside of a large sesame seed bun. You have an option of eating inside the establishment or outside in your automobile. We didn't try their Sunday special, but reliable sources say it's well worth the price.

Scrubby & Lloyd's is a step off the sidewalk...through the swinging screen door...into "Old America." The well-proportioned burger, enveloped in paper, is served, 30's style, on a well-worn saucer atop a polished walnut counter. The quarter-pound variety is fantastic; a steal in the Best Buy category. It comes, with onion and pickle, for a mere 80 cents. When dining, ask for a coke; it's served in a bottle with a glass on the side.

Sizzler serves a burger with a good charbroiled taste and has a good choice of extra ingredients. The atmosphere is pleasant and the service is good and friendly. If you're a coffee drinker, watch out... there are unlimited refills.

Despite the windy conditions outside, Mc Donald's "Quarter Pounder" was a pleasant surprise on the inside. It was by far one of the meatiest tasting burgers in our survey. The quick service was among the best. If you want a good, reliable burger, we suggest McDonald's.

Speeds grinds their own hamburger to insure freshness and a home-made taste. Here you can watch the burger being prepared on an open griddle. It is one of the friendliest places in town, and if you want to know anything about the Speed Burger just ask the manager. Remember—the burger is made to your specifications, with your choice of ingredients.

Dairy Queen serves one of the freshest buns. It is large and without a doubt the best part of the burger. There is only outside eating but the surroundings are kept clean. Be prepared to wait a few minutes—the panel agreed unanimously that the service is definitely slow.

Family owned and operated... That's Speedy Burger, a late-night haven for many students. A poster in the front window boasts of the now famous "Grande Burger," a specialty of the house. All the ingredients are listed, as well as the protein additives in the hamburger patty. "Want cheese on your burger?" Go ahead and ask... it's included in the price.

We're "Always Open" couldn't be a better way to describe the atmosphere at Denny's. Friendly service and pleasant surroundings make this restaurant a nice place to eat. The Dennyburger, presented open faced, rated high in attractiveness and appearance. Denny's is a great place to sit, talk, and simply relax.

There's an eye-boggling variety of burgers beneath the brown and orange striped roof of A & W Drive-In. New indoor eating facilities are a definite crowd pleaser, especially for those who find in-car dining more trouble and mess than it's worth. Additional funds, however, could be diverted to the food, itself, rather than the attractive packaging. The hamburger patty seemed to be buried in the bun, and the meat-less components of our Teen Burgers were slightly overwhelming.





The Ratings

Above-a-buck	Total Points	Percentage Rating	Price
Cigar Factory	350-4	87.5	1.85
Stuffed Olive	418-5	83.2	1.05
Little Chef	410-5	82	1.00
Whirlwind	405-5	81	1.39
Ark Two	390-5	78	1.65
Darkroom (meatloaf)	304-4	76	1.18
Breakers	295-4	73.75	1.85

Under-a-buck	Total Points	Percentage Rating	Price
Vista Grande	433-5	86.65	.85
Mustang Drive-In	345-4	86.25	.75
Scrubby & Lloyds	424-5	84.8 (Best Buy)	.50
Sizzler	325-4	81.25	.79
McDonald's	324-4	81	.60
Speeds	403-5	80.6	.79
Speedy Burger	307-4	76.75	.75
Dairy Queen	300-4	75	.55
Denny's	288-4	72	.95
A & W	262-4	65.5	.75

The Ballot

1. Presentation. Is the packaging and/or plate neat and attractive? Likewise the waitress? Are the extra items included—such as chips—acceptable? Rate 0-10 points.
 2. Appearance. Is the burger itself pleasing to look at? Or greasy? Rate it 0-10 points.
 3. Feel. How is the hamburger to hold? Subtract points if it falls apart.
 4. Juicy or Dry. Burger must be juicy, but should not drip. Subtract points if it is too dry.
 5. Taste. Does the hamburger taste you like best come through? Or is the sauce too strong? Tomatoes just right? Rate it 0-10 points.

6. Freshness. Are the various components fresh and crisp? Include bun, meat, lettuce, sauce, tomatoes. Rate it 0-10.
 7. Ratio of components? Is this a balanced hamburger?...enough meat for the bun size? Not too much lettuce or sauce? Rate it 0-10.
 8. Price-value Test. In its category, how does the burger cost relate to the burger taste? Put simply, is it worth what you paid? Rate it 0-10.
 9. You have 20 points to set up your own standards. Your total, overall feeling about this burger. Your deepest, irrational feelings. Total environment.

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